



# **ENERGY ISLAND**

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5-senses therapy

Sense therapy for  
highly discerning clients!

# Wellness was yesterday -

5 senses and 5 reasons for ENERGY ISLAND

STIMULATION

VITALITY

REGENERATION

RELAXATION

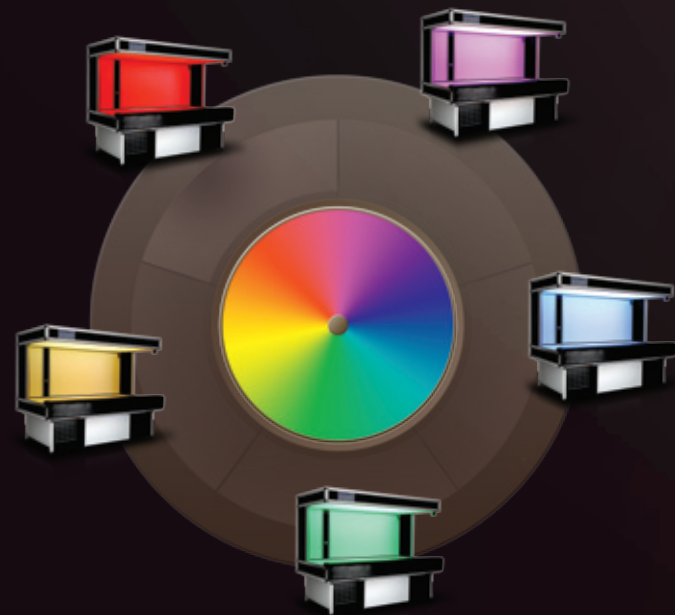
WELLBEING

## FOR MORE ENERGY AND BETTER QUALITY OF LIFE:

ENERGY ISLAND was developed by leading health experts and doctors based on more than a decade of research. The latest knowledge about alternative and standard holistic medicine have joined together and combined to form a single therapy system.

ENERGY ISLAND is the only high-quality therapy process in the world based on the 5 senses. It protects the cardiovascular system and still provides effective and individual therapy. Depending on the programme and frequency of use, almost all problems and symptoms can be demonstrably treated. ENERGY ISLAND is the perfect supplement to conventional spa, therapy and wellness programmes.

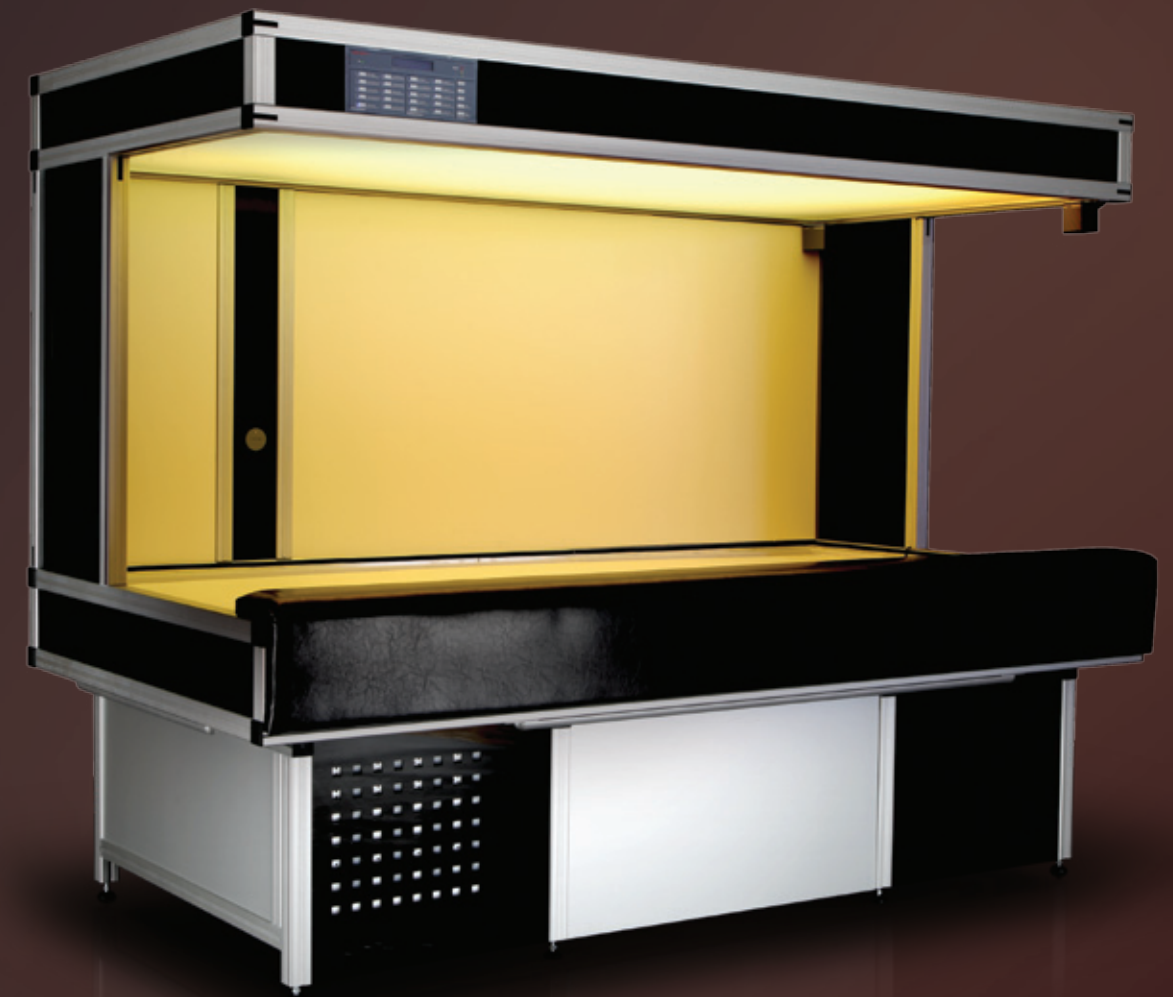
Simple, attractive and effective!



# Sense therapy is today.

5 good reasons to choose ENERGY ISLAND:

- 5 effective forms of therapy in one high-quality system
- Easy to operate with the help of the user-friendly Energy operating module (no staffing costs needed)
- 10 special, medically acclaimed regeneration, vitalisation and restorative programmes
- No costly technical installation (only one 230 V socket is required)
- Low space requirement (2 m<sup>2</sup>) with maximum good looks



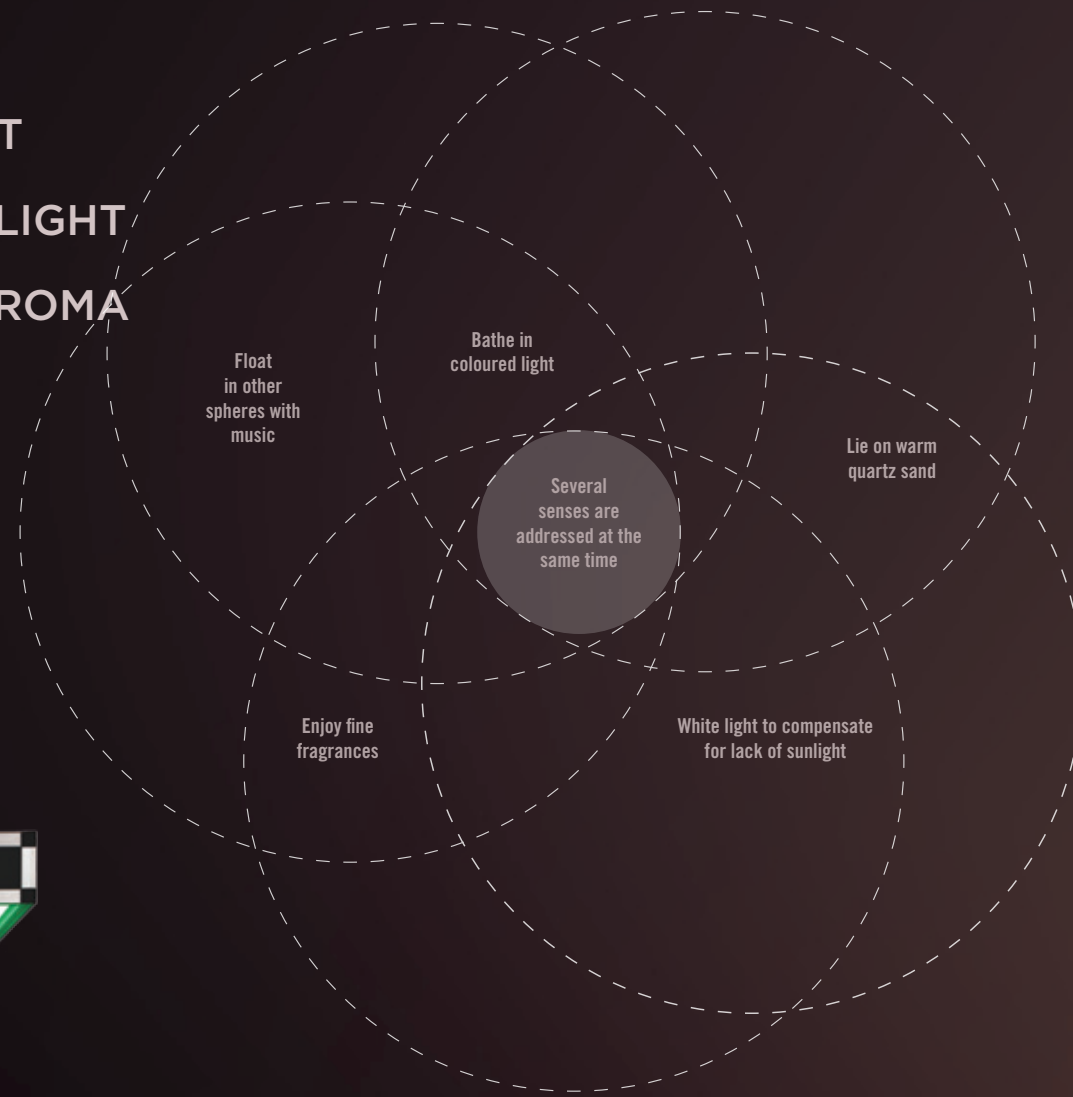
Design meets medicine


# 5 -senses therapy


The fifth dimension for holistic vitality and regeneration therapy




-  **WHITE LIGHT**
-  **COLOURED LIGHT**
-  **PERFUME/AROMA**
-  **MUSIC**
-  **DEEP HEAT**





 **Daylight is a natural source of energy** and dispenses the energy for the cell regeneration that is important to life. High-powered white light beneficially stimulates the visual subconscious by producing alpha waves in the brain. This procedure is colloquially known as "light therapy". A number of studies have covered its therapeutic effect on depression and on strengthening the immune system. Light therapy is also used for sleep disorders. The increased production of serotonin and noradrenalin beneficially regulate the sleep and wake phases of the autonomic biorhythm. The same neurotransmitters are also responsible for emotional wellbeing, drive and cognition. The effect of high-quality light therapy procedures is medically recognised these days and ENERGY ISLAND uses the latest state-of-the-art technology.

 **Colour also consists of light**— and light means life. Many modern studies show evidence of the positive effective of colour (light waves) on the body. Modern alternative therapies such as the LÜSCHER colour test make use of this knowledge. The beneficial stimulation of physical, emotional and spiritual wellbeing is undisputed these days. The metabolism causes each cell to produce an ethereal bioelectrical flow. The cells take up the energy for this vital process from the electrolytes in the blood, the lymph and even from the natural light of the sun and its colour spectrum. This process is supported completely naturally by ENERGY ISLAND.

 **The use of natural aromatic oils** has long been accepted in alternative healing and preventative procedures. Aromas are pleasant and highly effective stimulants. They have a direct effect on the limbic system (emotional memory) which has a positive influence on the relevant and corresponding organs. Aromatic essences are used to correct inner imbalance and to harmonise the use of energy. They are important companions to all conventional and alter-

native healing procedures and preventative measures. Not for nothing is our sense of smell so sensitive. Our olfactory system is strongly linked to the autonomic system.

 **Music is emotion** and affects us directly. The tempo of relaxing music is oriented to the human pulse at rest. A completely relaxed person has a pulse of about 60 beats per minute. ENERGY ISLAND is attuned to the perfect biorhythm, the percussion instruments deliberately avoiding any high and low variations. The beneficial stimulation passes through the inner ear to the brain, which oscillates emotionally and physically. This leads to a state of deep relaxation and slows down the heart rate. According to the principle of "inside and outside alike" this leads immediately to a feeling of refreshing physical relaxation which can be measured in muscle tone.

 **Heat is positively loaded energy.** The quartz sand of ENERGY ISLAND is an ideal thermal store which slowly and gently releases this energy to the body - a very pleasant sensation for the user. Heat therapy is used predominantly for muscle tension and problems with the locomotor apparatus. Other conventional light sources and systems cannot achieve this pleasurable "inner" warmth to this extent. ENERGY ISLAND quartz sand has the additional beneficial property of gently supporting the pelvis and vertebral column, and is heated using an integrated heating unit. The user lies on a dermatologically tested cover with a linen sheet over it. Pillows and knee rolls complete the quartz sand lying surface. Therapy comfort you can feel...

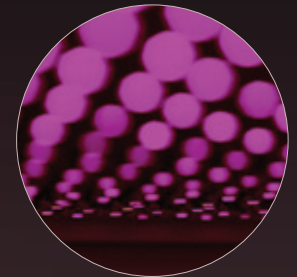
# The sensuous oasis that meets the highest demands

5 integrated treatment methods perfectly combined

OPERATIONAL MODULE



LED PANEL



BOSE SOUND SYSTEM



QUARTZ SAND



FRAGRANCE CARTRIDGES



## HEATED COMFORT LYING SURFACE

Sensor-controlled deep heat, quartz sand (grain size 2-3 mm), frame with moisture resistant, hygienic Tempur cover, fitted sheet, neck pillow and half knee roll.

## LIGHT UNIT

High-quality LED panel for natural simulation of the whole colour spectrum.

## COLOUR

10 individual colour programmes with perfectly controlled simulations.

## FRAGRANCE

Refillable fragrance cartridges provide individual aromatherapy with natural aromatic essences. The module can be extended with up to 10 fragrance cartridges.

## MUSIC

Adjustable relaxation music appropriate for the treatment programme. A music package is included in the product contents.

# ENERGY ISLAND - 5-senses therapy combination

The technical complement to modern healing therapies.



## Attractive - in every sense

Commercial success through medical progress

- Pays for itself within a short time
- Additional source of income for your spa, therapy and wellness programme
- Low staff costs
- Low maintenance costs
- Extends the range on offer
- Ideal addition to massages and treatment applications
- Small space requirements as a result of several treatment possibilities in one piece of equipment
- Possible to integrate existing forms of treatment such as massage, acupuncture, cellulite wraps, etc.

Just ask us for our figures based on practical experience.

We will be happy to assist you in the individual design and placement of your ENERGY ISLAND.

- Gentle ENERGY ISLAND deep heat treatment is ideal for all problems to do with the locomotor and support apparatus. It has a beneficial effect on muscle tension and blockages.
- The ENERGY ISLAND combination procedure helps to balance the autonomic nervous system and thus has a beneficial effect on all sleep and waking phase disorders caused by the biorhythms.
- The 5-senses therapy has a direct effect on the limbic system and leads to a natural drop in pulse rate. It is possible to achieve a condition of deep beneficial relaxation.
- ENERGY ISLAND provides intensive deep relaxation which leads to a state of meditation and has a beneficial effect on the sensory system. Body, mind and soul are thereby harmonised.
- The 5-senses combination system is therefore an ideal support for all healing and preventative therapies.
- All applications help to strengthen the immune system and have a beneficial effect on the energy balance of the cells.
- Depending on the programme selected, individual symptoms can be directly influenced. Increase in vital performance, deep relaxation or stimulation of the energy balance can be selected.

This patented combinatorial analysis has many more beneficial properties. Of course, you also get thorough training in the whole range of effects possible with the ENERGY ISLAND:

- Promoting creativity
- Stimulation of the senses
- Influence on the corresponding energy organs
- Regeneration, maintenance and promotion of emotional, physical and spiritual health
- Makes massages and treatments more effective
- Releases blockages and tension
- Activates the hypophysis and the pineal gland
- Increase in serotonin distribution (lightens and activates mood)
- Beneficial effect on SAD (Seasonally Affective Disorder)
- Long-term sense of wellbeing
- Beneficial effect on the lymphatic system
- Promotes the success of treatment of orthopaedic disorders and problems following trauma
- Helps prevent burnout and stress conditions



# At home in the best establishments



Spa and rehab centre **Althofen** | A

**VIVA - Spa Centre for Modern Mayr Medicine** | Maria Wörth | A

**Dungl-Zentrum Wien** | Schottengasse | A

**Spa, Rehab & Metabolic Centre Moorheilbad Harbach** | A

**Health Centre Wilhelmshaven** | D

**Lebensquell Bad Zell** | A

**Health Centre - Vital for you** | Neudörfel | A

**Werzer's Hotel Resort** | Pörtschach | A

**Wellness hotel Mori** | Klopeinersee | A

**Hotel Wulfenia** | Nassfeld | A

**Slender Gourmet Hotel Kürschnerhof** | Kötschach-Mauthen | A

**Hotel Moorquell** | St. Georgen/Längsee | A

**Hotel Gartnerkofel** | Nassfeld | A

**Strandhotel Koller** | Seeboden | A

**Dolenske Toplice Spa** | SLO

**Manet d.o.o, Ljubljana** | SLO

**SOKOL Vic Wellness Center** | Ljubljana | SLO

**Aeskulap Apotheke - Haus der Gesundheit** | Aachen | D

**Björkängsgården SPA** | Sölvesborg | S

**Wellness Råda Hill** | Mölndal | S

**Helheten** | Göteborg | S

# Technical information

## DIMENSIONS

Length:	2100 mm
Width:	1090 mm
Height:	1660 mm
Height of entrance:	680 mm
Weight: Including quartz sand	appr. 320 kg
Delivery time:	6 weeks

## SPACE REQUIREMENTS

Min. 3 x 2 m in size, without windows or with the possibility of darkening the room, floor must withstand load of 450 kg, detailed plan of premises.

## HEATED LYING SURFACE

Sensor-controlled deep heat, quartz sand (grain size 2-3 mm), frame with moisture resistant, hygienic Tempur cover, fitted sheet, neck pillow and half knee roll.

## SERVICING AND MAINTENANCE

As only high-tech components such as the LED ceiling display, microcontroller, CF technology etc are used, practically no maintenance work is required. However, we recommend an annual safety check on the whole system (in accordance with the applicable standards).

We also recommend changing the quartz sand annually to get rid of fine impurities in the quartz sand.

## SALES

Lesky Energetics, Neuberg 91, A-8511 St. Stefan/Stainz.

E-Mail: [office@leskyenergetics.com](mailto:office@leskyenergetics.com); [www.leskyenergetics.com](http://www.leskyenergetics.com)

## CONSTRUCTION

Aluminium construction

## ELECTRICITY SUPPLY

Mains voltage: 230V / 50Hz via earthed socket; socket fuse: 13A

## POWER CONSUMPTION

Heating system max. 300W

Coloured light system max. 360W

White light system max. 240W

Audio system max. 60W

Aroma system max. 5W

## COLOUR

10 computer-controlled colour programmes, the colours change by flowing into each other.

## LIGHT TECHNOLOGY

LED-panel

## PROTECTION

Integrated faulty-current circuit breaker 30 mA. All system supplies are safeguarded against overload and overheating. All systems except heating and audio are operated with low voltage (12V).

The heating system is also decoupled and earthed from the user by a bulkhead. The heating system can be switched off while a programme is running so that only the residual heat stored in the quartz sand affects the user.

## MUSIC

The sound level of the choice relaxation music can be adjusted and determined for each programme.

## FRAGRANCE

Refillable fragrance cartridges allow individual aromatisation. Can be extended with up to 10 fragrance cartridges.

# ENERGY ISLAND

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5-senses therapy

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